



RETHINKING CHALLENGING BEHAVIORS

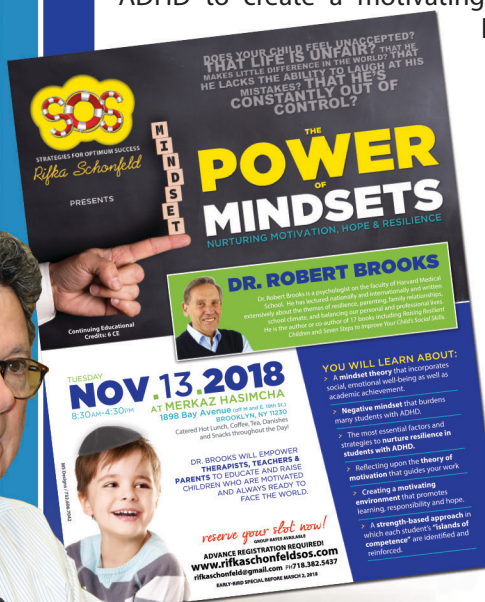
OF
CHILDREN | TEENS | ADULTS
HOSTED BY RIFKA SCHONFELD

On **Tuesday, November 14**, **Dr. Ross Greene**, the author of *The Explosive Child*, spoke to a sold out crowd of therapists, educators, and parents about rethinking challenging behaviors in children, teenagers, and adults. Hosted by Rifka Schonfeld of Strategies for Optimum Success (SOS), the workshop focused on understanding the challenging person's current mindset and adopting a new paradigm, identifying lagging skills that cause behavioral issues, using the ALSUP tool, and conducting collaborative problem solving. Participants came away from the day with new tools for dealing with conflicts and challenge.

The next SOS workshop **"The Power of Mindsets"** will be led by **Dr. Robert Brooks**. Dr. Brooks is a psychologist on the faculty of Harvard Medical School and the author of many publications including *Raising Resilient Children*. He will speak about the mindset theory and ADHD which incorporates social emotional well-being as well as academic achievement. He will also empower parents and educators who work with all children and especially those with ADHD to create a motivating environment that promotes responsibility,

learning, and resilience. This event on **Tuesday, November 13, 2018** is not to be missed! Sign up now for an early bird discount.

For more information or to register:
www.rifkaschonfeldsos.com
718.382.5437



SOLD OUT CROWD!
Register Early for Next Event!

